

Transnational Mobility of Pupils  
Call 2021

# FOREIGN MOBILITY AS A TOOL TO STRENGTHEN THE KEY COMPETENCES OF HIGH SCHOOL STUDENTS ZSP4 IN ŁÓWICZ

Zespół Szkół Ponadpodstawowych No.4  
named after Władysław Grabski in Łowicz

[www.zsp4projektyvet.pl](http://www.zsp4projektyvet.pl)



**European  
Funds**

Knowledge Education Development



**Republic  
of Poland**

**European Union**  
European Social Fund



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# ABOUT THE PROJECT

The project carried out by the school as part of the project "Foreign mobility as a tool for strengthening the key competences of students of the ZSP4 high school in Łowicz" lasted 6 months from June 15 to December 14, 2022. The mobility itself took place on October 10–21. 20 high school students of the applicant school and 3 teachers participated in the project. The host school was Platon School, located in Katerini. On the Greek side, 10 students and 2 teachers took part. Mobility covered 10 days of the substantive programme, 2 days of the cultural program and 2 days of travel – 9.10 and 22.10. An important element for the school was the invitation to recruit students with reduced educational opportunities.

Zespół Szkół Ponadpodstawowych Nr 4  
im. Władysława Grabskiego w Łowiczu  
realizuje projekt dofinansowany  
z Funduszy Europejskich  
„Mobilność zagraniczna narzędziem  
wzmacniania kluczowych kompetencji  
uczniów liceum ZSP4 w Łowiczu”

Celem projektu jest wzrost kompetencji kluczowych  
i praktycznych umiejętności 20 uczestników  
mobilności.

**Dofinansowanie projektu z UE:** 161 989,00 PLN



Rzeczpospolita  
Polska

Unia Europejska  
Europejski Fundusz Społeczny



[www.mapadotacji.gov.pl](http://www.mapadotacji.gov.pl)

Official Project poster



# PROJECT FINANCING



**Project "Foreign mobility as a tool for strengthening the key competences of students of the ZSP4 high school in Łowicz"**  
**Project number: 2021-1-PMU-4288**

The project was implemented from the European Social Fund under the Operational Program Knowledge Education Development, Priority Axis IV Social innovations and transnational cooperation, Measure 4.2. Transnational mobility programs.

The total value of funding that the School received for this purpose, is PLN 161,989.

The transnational mobility program influenced many aspects, including the development of key competences of students and teaching staff, the inclusion of students with fewer educational opportunities and increasing the attractiveness of the School in international activities.



# PROJECT GOALS



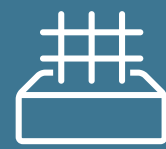


# PROJECT GOALS



Increase of participants' key competences in terms of:

- multilingualism
- digital
- understanding and creating information
- awareness and cultural expression
- learning, personal and social competences



Strengthen the practical skills of students in the area of:

- marketing
- operating computer programs
- use of Internet resources for work and study



Increase of knowledge and competence and skills of school staff



Increasing the attractiveness of the high school's educational offer



Increasing access to modern forms of education for people with fewer educational opportunities





# PROJECT STAGES





# 1. PLANNING STAGE

Planning was the time to examine the needs of students, choose the subject of mobility, determine the tools of procedures, develop a detailed mobility program.





## 2. PREPARATION STAGE

This stage began with the recruitment of participants and was devoted to planning the trip in terms of logistics, meals and accommodation, as well as preparing students and teachers for the trip in terms of content and psychology.

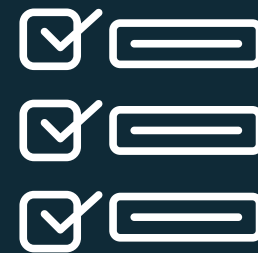


# RECRUITMENT



Second and third grade students of high school, including humanities and linguistics as well as mathematics, physics and information technology, aged 15–17.

Students also participated in the selection with fewer educational opportunities,



## Recruitment criteria

1. Average grade for the last completed year of study – average times 4
2. Grade in English for the last completed year of study – grade times 3.5
3. Grade on behavior for the last completed year of study – grade times 2
4. Criterion of diminished opportunities – scores were awarded by the Committee, maximum 12 points
5. Achievements in science and worthy representation of the School – the score was awarded by the Committee, maximum 10 points



# PREPARATION OF STUDENTS

After recruitment, students participated in preparatory classes – about 32 hours per person. The classes were obligatory for each participant and took place outside of school hours.

Classes were conducted by teachers, tutors and pedagogues. Meetings were held in the traditional form and e-learning with the use of modern technologies.

Program:

Cultural preparation (5h)

Pedagogical preparation (5h)

Language preparation (15h)

Preparation of materials for the mobility (5h)

Organizational preparation







### 3. IMPLEMENTATION STAGE

This is the stage of the mobility itself, the implementation of the planned substantive and cultural program.



# STUDENT MOBILITY IN PROJECT





# STUDENT MOBILITY

**Mobility period: 10–21.10.2022**

The trip to Greece lasted 14 days, this number consisted of:  
two days arrival/return  
ten days of the substantive program  
two days of cultural program  
In the substantive program, classes lasted six hours per day.





# SUBSTANTIVE CLASSES

Youth can improve their language skills. The students were divided into project groups and discussed in detail the tasks facing the project groups. Classes lasted 6–8 hours a day

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In Polish–Greek groups, students worked on creating brochures and leaflets. They worked in the Canva graphic program. They learned how to add background, image, image cropping. They learned good and bad practices in creating websites.

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They learned about the Wordpress website design tool. Young people designed content and graphics for the website using innovative methods and assumptions. The youth conducted interviews with local entrepreneurs and retailers.

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Students presented their work in front of the rest of the participants and assessed each other.



# SUBSTANTIVE CLASSES





# CULTURAL ACTIVITIES

The cultural program lasted 2 days, but the students also used their free time to learn about Greek culture and tradition. Young people learned about the tourist attractions of the Olympic Riviera, including historic monasteries on the tops of rocks, i.e. Meteora, inscribed on the UNESCO World Heritage List Skiathos Island, Castle of Platamonas, Litochoro and Olympic National Park.







## 4. EVALUATION STAGE AND SIMPLIFICATIONS

The key at this stage was to test the effectiveness of the tools used and assess the level of achievement of the objectives. All people involved in the project built a positive image of the project in the school and local environment.





COOPERATION  
WITH  
A PARTNER



# PARTNER SCHOOL

Platon School



The PLATON private school is located  
in the village of Ganochora,  
near Katerini.  
It was founded in 1997.

Number of students: 550 students.

Multi-school team  
educates on levels:  
pre-school,  
primary school  
and high school.



Schools have been cooperating together in the field of education since 2019, which resulted in the implementation of the project "Foreign mobility as a tool for strengthening key competences of students of ZSP4 in Łowicz"

The cooperation was based on good communication, commitment of both parties and a professional approach to the project. Both schools trust each other.

As part of joint activities, an effective project management system was developed. The following tools were used during the project: schedule, monitoring and evaluation plan, results dissemination plan, checklists. All tools were developed by a specially appointed project team. Project management was based on the Kanban Board methodology. Partner schools used e-mail, chat, videoconferences and telephone contact for communication.

The partner schools signed an agreement in which all the details of the project were included.





# RESULTS

## QUANTITATIVE RESULTS:

- 20 students from Poland participating in the project, including seven with fewer opportunities
- 10 students from Greece who participated in the mobility
- 3 Polish teachers participating in the mobility
- 2 teachers from Greece who participated in the mobility
- 2 representatives of ZSP4 participating in the preparatory visit
- 20 project folders
- 20 certificates for students from Poland
- 5 certificates for teachers from Poland
- 4 websites in the form of articles
- 4 leaflets designed by the participants
- 4 brochures designed by the participants



# RESULTS

## QUALITY RESULTS:

- increasing the school's competence in project management,
- increase in pedagogical and personal competences of teachers,
- increase in language competences among students, mainly English, Greek and Polish,
- increase in digital competences of students participating in mobility, monitored and reinforced by teachers,
- increase of students' social competences reinforced and monitored by teachers,
- increase of teachers' language competences.



# RESULTS

## MATERIAL RESULTS

- 2 Professional websites that encourage you to visit:
  - Pieria region
    - <http://www.zsp4projektyvet.pl/gamma-odwiedz-pierie-2/>
  - of the Łowicz region
    - <http://www.zsp4projektyvet.pl/delta-zakochaj-sie-w-lowiczu-2/>
- 2 Professional websites about investments in two regions:
  - Greek
    - <http://www.zsp4projektyvet.pl/alpha-inwestycje-w-pierii/>
  - Polish
    - <http://www.zsp4projektyvet.pl/gamma-odwiedz-pierie-2/>
- 2 leaflets promoting regions and 2 about investing
- 2 brochures promoting two regions and 2 brochures encouraging investment
- – <http://www.zsp4projektyvet.pl/rezultaty/>





# THANK YOU!

More information about the project:  
<https://www.zsp4.lowicz.pl/projekty-unijne/mobilnosc-2022-uczniowie-liceum/>